

Feedback Form

We greatly welcome your feedback to help us improve and target our courses and classes. It's anonymous (unless you want to tell us who you are) and will only take a few seconds to complete. THANK YOU! *The Inspire2tri Team*

Class / Course	
Instructor(s)	
Venue	
Date	
Time	

Please put an 'x' on the line opposite each question at the point where you think it best represents your opinion.

	Absolutely none	Expert
Where would you have rated your knowledge or experience in today's coaching/class topic <i>before</i> the session?		

	Nothing	Loads
How much do you think you have gained in knowledge <i>from</i> today's class?		

	Hated it	Loved it
How much did you enjoy today's class?		

	Completely wrong	Perfect
Did we pitch it at the right level for you?		

	Not at all	Certainly did
Did we make you feel at ease and valued as a class member?		

PTO...

	Couldn't / Daren't	Excellent
Did we give you enough chance to ask your questions and get decent answers?	<hr/> <hr/>	

	Complete chaos	Spot on
Did you feel that the class was well thought out and had a direction and a purpose?	<hr/> <hr/>	

	Clear as mud	Easy as pie
Were our demonstrations clear and easy to understand?	<hr/> <hr/>	

	Half asleep	Extremely
Did we come across as enthusiastic about the class/coaching?	<hr/> <hr/>	

	Terrible	Great
Did the venue work OK?	<hr/> <hr/>	

	Extortionate	Cheap at the price
Did you feel the class was good value for money?	<hr/> <hr/>	

	Never again!	Try stopping me!
Would you come again to another class of a similar design on this or another Sports topic?	<hr/> <hr/>	

Any other feedback or specific interests for the future?
**Please add your name if you want us to keep you updated.*